



STEP THERAPY DRUG LISTING

To help make the use of prescription drugs safer and more affordable, our plan is using a **Step Therapy** program.

How the Step Therapy Program Works

Medications are grouped into two categories:

Front-Line Medications: These are the drugs recommended for you to take first — usually generic medications, which have been proven safe and effective.

Back-Up Medications (Step 2): These are brand-name medications, like those you see advertised on TV. They're recommended for you to take only if a front-line medication doesn't work for you.

Back-Up Medications (Step 3): These are brand-name medications that are recommended for you to take only if a front-line and a step-2 medication does not work for you.

Program Name	Front Line Drugs (Step-1) Always covered-try this first if clinically appropriate	Back-Up Drug (Step-2)	Back-Up Drug (Step 3)
Abilify, Seroquel/XR, Zyprexa	Risperidone	Seroquel, Seroquel XR	Abilify, Zyprexa
Angiotensin Receptor Blocker (ARB)	Benazepril, Benazepril/HCTZ, Captopril, Captopril/HCTZ, Enalapril, Enalapril/HCTZ, Fosinopril, Fosinopril/HCTZ, Lisinopril, Lisinopril/HCTZ, Moexipril, Moexipril/HCTZ, Perindopril, Quinapril, Quinapril/HCTZ, Ramipril, Trandolapril	Azor, Benicar, Diovan, Exforge, Exforge HCT	
Antidiabetic	Metformin, Glipizide, Insulin	Acarbose, Actos, ActoplusMet, Duetact	
Anti-infective	Metronidazole	Vancocin HCL	
COX-II	Generic NSAIDS (e.g. Diclofenac, Etodolac, Naproxen, Ibuprofen, Indomethacin, Ketorolac)	Celebrex	
DPP-4 Inhibitor	Metformin	Januvia, Janument, Onglyza	
HMG (Cholesterol)	Lovastatin, Pravastatin, Simvastatin	Crestor, Vytorin	

List is subject to change; Updated 7/15/10

Hypnotic	Zaleplon, Zolpidem	Rozerem	
Nasal Steroid	Fluticasone, Flunisolide	Nasacort	
Non Sedating Antihistamine	Loratadine, Cetirizine	Fexofenadine, Fexofenadine PSE	
Other Antidepressant	Citalopram, Fluoxetine, Fluvoxamine, Paroxetine, Sertraline	Cymbalta, Savella	
Proton Pump Inhibitor	Omeprazole	Pantoprazole, Lansoprazole	
Scabicides & Pediculicides	Permethrin, Pyrethrin/piperonyl butoxide	Lindane	
Leukotrienne (for allergies)	One Antihistamine or Antihistamine/Decongestant: cetirizine, loratadine, cetirizine/pseudoephedrine, loratadine/pseudoephedrine AND One Nasal Corticosteroid: flunisolide, fluticasone	Singulair	
Strattera	Generic amphetamines, Generic methylphenidate/dexmethylphenidates, Metadate CD, Vyvanse	Strattera	
Topical Immunomodulators	Generic Corticosteroid (e.g. Betamethasone, Clobetasone, Hydrocortisone, Triamcinolone)	Protopic	
Riomet	Metformin/ER	Riomet	
Uloric	Allopurinol	Uloric	
Zetia	Lovastatin, Pravastatin, Simvastatin	Zetia	

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